



**GOVERNMENT OF PUDUCHERRY
NATIONAL MENTAL HEALTH PROGRAMME
PUDUCHERRY-605009.**

PH: 0413-227570 ail:nmhppdy@gmail.com



Ref: NMHP/IGGGH&PGI /PDY/2021-22

DATE: 11.04.2022

To

The Mission Director,
PSHM, Puducherry

Respected Sir

Submitting the annual report for the financial year 2021-2022 –Reg

I year MBBS - Students Stress management Programme -09th August -2021

The Students Stress management Programme for the I Year MBBS students studying at IGMC&RI was conducted between 10.15 am to 12.30 Pm on 09.08.2021 at Auditorium ,I st floor , college block ,IGMC&RI , Kadhirkamam. The Programme Manager Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry welcomed the resource person, chief guest and participants. The resource person Dr. Vikas Menon, MD. (Psychiatry) Additional Professor, Department of Psychiatry, JIPMER, Puducherry. Delivered the theme speech “Mental Health awareness and Managing the stress” The Programme Manager Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry. Was explained various aspects of suicide prevention and About 150 students attended the programme and Vote of Thanks delivered by Mr.Raja.V, PSW NMHP, Puducherry and The Programme was organised by NMHP ,IGMC&RI and Department of Psychiatry. The Programme response was good

The Programme Manager Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry welcomed the resource person, chief guest and participants.



The resource person Dr. Vikas Menon, MD. (Psychiatry) Additional Professor, Department of Psychiatry, JIPMER, Puducherry. Delivered the theme speech

About 150 students attended the programme and Faculties participated the awareness programme



II year MBBS - Students Stress management Programme -12th August -2021

The Students Stress management Programme for the I Year MBBS students studying at IGMC&RI was conducted between 10.15 am to 12.30 Pm on 12.08.2021 at Auditorium ,I st floor , college block ,IGMC&RI , Kadhirkamam. The Programme Manager Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry welcomed the resource person, chief guest and participants. The resource person Dr. P.Arulvarman ,MD., (Psychiatry) Assistant Professor, Department of Psychiatry, IGMC&RI , Puducherry., Puducherry. Delivered the theme speech “Mental Health awareness and Managing the stress” The Programme Manager Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry. Was explained various aspects of suicide prevention.

The Director Dr. Udhayashankar –IGMC&RI and Dr.Rajesh Medical superintendent –IGMC&RI felicitated the programme and About 150 students attended the programme and Vote of Thanks delivered by Mr.Raja.V, PSW NMHP, Puducherry and The Programme was organised by NMHP, IGMC&RI and Department of Psychiatry. The Programme response was good.



III year MBBS - Students Stress management Programme -17th August -2021

The Students Stress management Programme for the I Year MBBS students studying at IGMC&RI was conducted between 10.15 am to 12.30 Pm on 17.08.2021 at Auditorium ,I st floor , college block ,IGMC&RI , Kadhirkamam. The Programme Manager Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry welcomed the resource person, chief guest and participants. The resource person Dr. S. Karthick. MD Psychiatry Assistant Professor, Department of Psychiatry, MGMC&RI, Puducherry.. Delivered the theme speech “Mental Health awareness and Managing the stress” The Programme Manager Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry. Was explained various aspects of suicide prevention.

The Dr.Srinivasan .MD. Associate Professor Dept of Microbiology-IGMC&RI. felicitated the programme and About 150 students attended the programme and Vote of Thanks delivered by Mr.Raja.V, PSW NMHP, Puducherry and The Programme was organised by NMHP, IGMC&RI and Department of Psychiatry. The Programme response was good.



IV year MBBS - Students Stress management Programme -19th August -2021

The Students Stress management Programme for the I Year MBBS students studying at IGMC&RI was conducted between 10.15 am to 12.30 Pm on 19.08.2021 at Auditorium ,I st floor , college block ,IGMC&RI , Kadhirkamam. The Programme Manager Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry welcomed the resource person, chief guest and participants. The resource person Dr. Partheeban, MD.,(Psychiatry) Associate Professor, Department of Psychiatry, MGMC&RI , Puducherry.Delivered the theme speech “Mental Health awareness and Managing the stress” The Programme Manager Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry. Was explained various aspects of suicide prevention.

The Director -IGMC&RI & Dean - IGMC&RI -IGMC&RI. felicitated the programme and About 150 students attended the programme and Vote of Thanks delivered by Mr.Raja.V, PSW NMHP, Puducherry and The Programme was organised by NMHP, IGMC&RI and Department of Psychiatry. The Programme response was good.



Suicide prevention Day/ Month 2021 awareness programme report

We here by submitting the report with reference to suicide prevention day /Month September 2021. Awareness programmes conducted by the National Mental Health programme Govt of Puducherry for your kind perusal.

1. International suicide prevention Day / Month - 10 September -2021

2. Suicide Awareness Programme was conducted by the National Mental Health Programme on 16.09.2021 at Primary Health Centre ,Kosapalayam , Puduchery.

Suicide Awareness Programme was conducted by the National Mental Health Programme on 16.09.2021 at Primary Health Centre, Kosapalayam, Puduchery. Kosapalayam , Primary Health Centre, Health inspector Mr.Iyyanar welcomed the gathering. The Medical Officers Dr. Ashvini., Felicitated the programme. Dr. Ajamal welcomed the gathering and honoured the resource persons. Dr Gajalakshmi,, Psychiatrist & Programme Manager, National Mental Health Programme Government of Puducherry , delivered the theme speech and explained various aspects of suicide prevention. Mr.Raja, PSW, discussed the Drug addiction & substance uses were discussed with the public. Dr. usal ,Homeopathy Medicine, participated as a special guest delivered the vote of thanks and about 150 members attended the programme and the response was good.

தற்கொலை தடுப்பு விழிப்புணர்வு நிகழ்ச்சி

புதுச்சேரி, செப். 16- புதுச்சேரி அரசு தேசிய மனநல திட்டம் சார்பில் சர்வதேச தற்கொலை தடுப்பு மாதத்தை முன்னிட்டு குயவர்பாளையம் ஆரம்ப சுகாதார நிலையத்தில் தற்கொலை தடுப்பு விழிப்புணர்வு நிகழ்ச்சி இன்று நடந்தது. சுகாதார ஆய்வாளர் அய்யனார் வரவேற்றார். மருத்துவ அதிகாரி அஸ்வினி தலைமை தாங்கினார். மருத்துவர் அஜ்மல், ஹோமியோபதி மருத்துவர் உசல் ஆகியோர் முன்னிலை வகித்தனர். சிறப்பு விருந்தினராக தேசிய மனநல திட்டத்தின் மனநல மருத்துவ அதிகாரி கெஜலட்சுமி கலந்துகொண்டு தற்கொலை ஏற்ப

டுவதற்கான காரணங்கள், தற்கொலையை தடுக்கும் வழிமுறைகள் மற்றும் தற்கொலை தடுப்பு ஆலோசனைகளை விரிவாக எடுத்துக் கூறினார். மனநல ஆர்வலகர் ராஜா போதை பழக்கத்தால் ஏற்படும் தற்கொலைகள், மன அழுத்தங்கள் ஆகியவற்றை தடுக்கும் ஆலோசனைகளை யும் போதைப் பழக்கத்தால் ஏற்படும் பக்கவிளைவுகளை பற்றி விரிவாக எடுத்துக் கூறினார். கிராமப்புற செவிலியர் ஜினத் நன்றி கூறினார். இதற்கான ஏற்பாடுகளை மருத்துவ மனை ஊழியர்கள், செவிலியர்கள், சுகாதார ஆய்வாளர்கள், கிராமப்புற செவிலியர்கள், ஆஷா பணியாளர்கள் செய்திருந்தனர்.

ஒப்பந்த மருத்துவர்களுக்கு ஊதிய உயர்வு

புதுச்சேரி, செப். 16- இந்திய முறை மருத்துவம் மற்றும் ஹோமியோபதி துறையின் கீழ் ஒப்பந்த அடிப்படையில் பணிபுரியும் மருத்துவர்களுக்கு (ஆயுர் வேதா, சித்தா, ஹோமியோபதி) தொகுப்புதியம் ரூ.40 ஆயிரம் வழங்கப்பட்டு வந்தது. தற்போது, ஊதிய விகிதம் திருத்தியமைக்கப்பட்டு ரூ.50 ஆயிரமாக உயர்த்தி வழங்குவர்னர் தமிழிசை ஒப்புகல் அளித்துள்ளார். இதற்கான ஆணையை சுகாதாரத்துறை சார்பு செயலர்புனிதமேரி நேற்று பிறப்பித்துள்ளார்.



தேசிய மனநல திட்டம் சார்பில் சர்வதேச தற்கொலை தடுப்பு மாதத்தை முன்னிட்டு குயவர்பாளையம் ஆரம்ப சுகாதார நிலையத்தில் தற்கொலை தடுப்பு விழிப்புணர்வு நிகழ்ச்சி நடந்தது.



3.Suicide Awareness Programme was conducted by the National Mental Health Programme on 26.09.2021 at Primary Health Centre Muthiyalpet , Puduchery.

Suicide Awareness Programme was conducted by the National Mental Health Programme on 26.09.2021 at Primary Health Centre Muthiyalpet , Puduchery. The Primary Health Centre, Health inspector Mr.Saravanan welcomed the gathering. The Medical Officers Dr.Shanthy & Dr. Sidharth welcomed the gathering and honoured the resource persons. Dr Gajalakshmi,, Psychiatrist & Programme Manager, National Mental Health Programme Government of Puducherry , delivered the theme speech and explained various aspects of suicide prevention. Mr.Raja, PSW, discussed the Drug addiction & substance uses were discussed with the public. And finally the PHC Nursing officer given the vote of thanks and about 150 members attended the programme and the response was good.



**புதுச்சேரி அரசு தேசிய மனநல
திட்டம் சார்பில் சர்வதேச
தற்கொலை தடுப்பு மாதத்தை
முன்னிட்டு முத்தியால்பேட்டை
ஆரம்ப சுகாதார நிலையத்தில்
தற்கொலை தடுப்பு விழிப்புணர்வு
நிகழ்ச்சி நடைபெற்றது.**

**சிட்டி
பிரிண்டர்**

எங்களிடம் சிறந்த முறையில் புத்தகம், மாத இதழ்கள்,
தினசரி இதழ்கள் டிசைனிங் செய்து பிரிண்டிங்
செய்து தரப்படும்

தொடர்புக்கு : 94432 05931 / 0427 736539

**4.International suicide prevention Day / Month - 10 September -2021-
Orientation/ awareness creation programme- 27.09.2021, IGMC&RI,
Kathirkamam, Puducherry**

Suicide Awareness Programme was conducted at IGMCRI by National Mental Health Programme on 27.10.2021 at IGMC& RI Puducherry. Dr. Udhayashankar , Director & Dr. Raqmachandra Batt, Dean , IGMC&RI , Kathirkamam, Puducherry felicitated the awareness programme . Dr Gajalakshmi, Psychiatrist, NMHP, Puducherry, Psychiatrist & Programme Manager, National Mental Health Programme Government of Puducherry welcomed the chief guest and resource persons and explained various aspects of suicide prevention and Dr Karthick , Assistant Professor, Department of Psychiatry Mahathma Gandhi Medical college, Puducherry delivered the theme speech. The IGMC&RI attended the programme and Vote of Thanks and The Programme was organised by Mr. Raja, PSW NMHP, Puducherry and the Programme response was good.

- யாதும் ஊரே யாவரும் கேளிர் -
timesoftamilnadu2021@gmail.com

உடல்ஸ் ஆஃப்

தமிழ்நாடு

TIMES OF TAMILNADU
Tamil Daily தின இதழ்

Tuesday செவ்வாய்	28.09.2021	அறம் மறவேன்	Volume : 01 மலர் : 01	Issue : 281 இதழ் : 281	Pages : 21 பக்கங்கள் : 21
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தேசிய மனநல திட்டம் மற்றும் மனநலத்துறை விழிப்புணர்வு நிகழ்ச்சி

புதுச்சேரி செப்28:-

புதுச்சேரி மாநிலத்தில் புதுச்சேரி அரசின் சார்பாக கதிர்காமம் இந்திரா காந்தி மருத்துவக் கல்லூரியில் சர்வதேச தற்கொலை விழிப்புணர்வு நிகழ்ச்சி நடைபெற்றது. இந்த விழிப்புணர்வு நிகழ்ச்சியில் இரண்டாம் ஆண்டு மற்றும் மூன்றாம் ஆண்டு மருத்துவ கல்லூரி மாணவர்கள் கலந்து கொண்டனர்.

இந்நிகழ்ச்சியை மனநல திட்டத்தின் திட்ட அதிகாரி மருத்துவர் கெஜலட்சுமி மற்றும் மனநல ஆலோசகர் திருராஜா அவர்கள்



விழிப்புணர்வு மற்றும் கருத்தரங்கு நிகழ்ச்சியை ஏற்பாடு செய்திருந்தனர். இந்திரா காந்தி புதுவை அரசு மருத்துவக் கல்லூரி

இயக்குனர் உதயசங்கர் மற்றும் கல்லூரி மன் ராமச்சந்திரபட் அவர்கள் இந்நிகழ்ச்சியின் சிறப்பு விருந்தினராக கலந்துகொண்டு விழாவினை தொடங்கி வைத்தனர். சிறப்பு உரை நிகழ்த்த மகாத்மா காந்தி மன நலத்துறை மருத்துவர் கார்த்திக் சிறப்பு விருந்தினராக கலந்து கொண்டார். இவர் மாணவர்களுக்கு போதைப் பழக்கம் மற்றும் அதனால் ஏற்படும் தற்கொலையை தடுப்பு குறித்து விரிவாக விளக்கினார் இந்நிகழ்ச்சியில் 300 மாணவர்கள் கலந்துகொண்டு விழிப்புணர்வு அடைந்தனர்.

5.Suicide Awareness Programme was conducted by the National Mental Health Programme on 28.09.2021 at Primary Health Centre, Mudhaliyarpet, Puduchery.

Suicide Awareness Programme was conducted by the National Mental Health Programme on 28.09.2021 at Primary Health Centre, Mudhaliyarpet , Puduchery. Primary Health Centre, counsellor welcomed the gathering. The Medical Officers Dr.saranya, welcomed the gathering and honoured the resource persons. Dr Gajalakshmi,, Psychiatrist & Programme Manager, National Mental Health Programme Government of Puducherry , delivered the theme speech and explained various aspects of suicide prevention. Mr.Raja, PSW, discussed the Drug addiction & substance uses were discussed with the public. The Health inspector Tamizh anbu delivered the vote of thanks and about 150 members attended the programme and the response was good.

28.09.2021-PY

NEWS HEADLINES

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புதுச்சேரி அரசு தேசிய மனநல திட்டம் சார்பில் சர்வதேச தற்கொலை தடுப்பு மாதத்தை முன்னிட்டு முதலியார் பேட்டை ஆரம்ப சுகாதார நிலையத்தில் தற்கொலை தடுப்பு விழிப்புணர்வு நிகழ்ச்சி நடைபெற்றது.

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6.Suicide Awareness Programme was conducted by the National Mental Health Programme on 29.09.2021 at Primary Health Centre ,Odiyansalai , Puduchery.

Suicide Awareness Programme was conducted by the National Mental Health Programme on 29.09.2021 at Primary Health Centre, Odiyansalai, Puduchery. Primary Health Centre, Head nursing officer Mrs. Radha Muthu welcomed the gathering. The Medical Officers, Dr.Arul visakan felicitated the programme. Dr. Mathan welcomed the gathering and honoured the resource persons. Dr Gajalakshmi,, Psychiatrist & Programme Manager, National Mental Health Programme Government of Puducherry , delivered the theme speech and explained various aspects of suicide prevention. Mr.Raja, PSW, discussed the Drug addiction & substance uses were discussed with the public. The health centre health inspector Mr.Janakiraman delivered vote of thanks and about 150 members attended the programme and the response was good.



7.Suicide Awareness Programme was conducted by the National Mental Health Programme on 30.09.2021 at Primary Health Centre , Mettupalayam , Puduchery.

Suicide Awareness Programme was conducted by the National Mental Health Programme on 16.09.2021 at Primary Health Centre, Mettupalayam, Puduchery. The Primary Health Centre, Health inspector Mr.Jeeva, welcomed the gathering. The Medical Officers Dr. Thamizharasi., Felicitated the programme. Dr. Manisudar., welcomed the gathering and honoured the resource persons. The resource person Dr.Agila, Assistant professor, department of Psychiatry, SLIMS, Puducherry delivered the theme speech about suicide prevention.

Dr Gajalakshmi,, Psychiatrist & Programme Manager, National Mental Health Programme Government of Puducherry , explained various aspects of suicide prevention and discussed with the public . Mr.Raja, PSW, discussed the Drug addiction & substance uses were discussed with the public. Delivered the vote of thanks and about 150 members attended the programme and the response was good.



Sub: Tribal – JIPSY - NMHP visit report conduction of MENTAL HEALTH awareness programme for JIPSY and TRIBES WOMEN in Thirubuvanai on 01.10.2021 –reg.

We hereby submitting the report for conduction of visit to the tribes and jipsy people living in the puducherry region. On 01.10.2021 a team of mental health group comprising of Psychiatrist, Psychiatric social workers Mental health Awareness programme was conducted in co-ordination With the PHC – Thirubuvanai .

The awareness Programme was inaugurated by The PHC medical officer & Dr. M.Gajalakshmi, Programme Officer, National Mental Health Programme (NMHP). Government of Puducherry. Dr. K.Mathan .MD , Assistant Professor , Department of Psychiatry , SVMC&RI , Ariyur , Puducherry delivered the awareness speech “ Tribal –JIPSY women Mental health and its important in the society “ among the JIPSY people .Dr. M.Gajalakshmi, Programme Officer, NMHP. Delivered the speech on mental health and hygiene among the tribal women. After the speech the specialist and medical officer discussed with tribal people about the improvement of education and importance of hygiene in day today life . The response was good.



Sub: World Mental Health Day 2021 / Month October 2021 -NMHP activities Report.

we here by submitting the details of various activities of National mental health programme Puducherry, with reference to the world mental health day 2021 and world mental health month October 2021 .

We have carried out various activities, awareness programmes covering primary health centers, education institutions insisting awareness of mental health. We have conducted awareness rally and orientation training programme for the various sections of people who are in need of awareness about mental health .we have conducted awareness among the medical college students and other educational institution regarding mental health.

1. Mental health awareness Rally: 10.10.2021.

Mental health awareness rally was conducted on 10.10.2021. The rally was flagged of by The puducherry Lieutenant Governor **Dr. TAMILISAI SOUNDARARAJAN** , Puducherry Health secretary Dr. ARUN .I.A.S., **Dr .Udhayashankar** , **Director** , IGMC&RI, Kadirkamam ,Puducherry and it was started 9.00 am from the IGMC&RI , office campus and covered the important street of vazhudhavour road and employment office puducherry and ended at near collector office, puducherry. About 100 participants comprising of Doctors, Health workers, students, NGO s and Public participated in the rally. Posters, banners and placards were displayed and pamphlets were issued by the participants to the public enlighten the various concepts of Mental health awareness activities. Slogans were raises by the participants regarding the mental health. The rally ended by 10.30 am, at IGMC&RI ,Kadirkamam puducherry. Snacks and refreshments were provided to the participants, the response was very good.

2. Mental health awareness Rally: 11.10.2021.

Mental health awareness rally was conducted on 11.10.2021. The rally was flagged off by The **Dr. Sriramulu**, Director, DH&FWS, Puducherry, Dr **.Udhayashankar** , **Director** , IGMC&RI, Kadirkamam ,Puducherry. Dr. Balan Ponmani Stephen, HOD & NMHP -Nodal officer, Dept. of Psychiatry, IGGGH&PGI and it was started 9.30 am from the PHC, Mettupalayam campus and covered the important street of vazhudhavour road and ended at IGMC&RI, puducherry. About 300 participants comprising of IGMC&RI Medical college students, Nursing Colleges (MTPGI&RIHS, VINAYAGA MISSION, Indirani College) PHC Doctors, Health workers, NGO s and Public participated in the rally. Posters, banners and placards were displayed and pamphlets were issued by the participants to the public enlighten the various concepts of Mental health awareness activities. Slogans were raised by the participants regarding the mental health. The rally ended by 10.30 am, at IGMC&RI, Kadirkamam puducherry. Snacks and refreshments were provided to the participants, the response was very good.



3. Orientation Training Programme IGMC&RI , Conference Hall 11.10.2021.

The NMHP volunteers and students covered the areas in and around IGMC&RI puducherry and issued the pamphlets regarding mental health and enlightened the importance of the importance Mental health awareness using various IEC materials of the NMHP puducherry between 9.00 am to 10.30 am.

Form 10.30 am to 1.30 pm orientation training was conducted at conference IGMC&RI by the NMHP puducherry.

Eminent resource persons Dr.K.Mathan.,MD., Assistant Professor, Department of psychiatry, SVMC&RI, Ariyur ,Puducherry and Dr., M.Gajalakshmi ,Programme Officer, National Mental Health Programme , Govt Puducherry .from the field of psychiatry gave training regarding the various aspects of World Mental Health – 2021 Over view and the theme speech of WMH to the participants who were 300 comprising of Doctors, Health workers, students, NGO s. The chief guests Dr .Udhayasdhankar MD .Director, IGMC&RI and the resource persons were facilitated and honored as per the norms .snacks and refreshments were provided and the response was good.



4. Mental health awareness programme: PHC, Ariyankuppam .18.10.2021.

The NMHP volunteers and students covered the areas in and around PHC Ariyankuppam issued the pamphlets regarding mental health awareness and enlightened the importance of the mental health using various IEC materials of the NMHP puducherry between 9.00 am to 10.00 am.

Form 10.00 am to 11.45 am awareness programme was conducted at PHC, Ariyankuppam by the NMHP puducherry. About 200 members comprising of Doctors, Health workers, anganwadi workers, NGOs, students and public participated in the programme. Dr. Tharani., PHC medical officer, felicitated the programme. Dr.M.Gajalakshmi, Programme Officer, delivered the theme speech on mental health issues in the society and identification among the public and. Mr. Raja PSW., National Mental Health Programme, Govt Puducherry delivered the speech on de-addiction and its effects on substance consumers. The NMHP Conducted awareness programme, Response was good.



5. Mental health awareness programme: PHC, Thirubuvanai - 22.10.2021.

The NMHP volunteers and students covered the areas in and around PHC-Thirubuvanai issued the pamphlets regarding mental health awareness and enlightened the importance of the mental health using various IEC materials of the NMHP puducherry between 9.00 am to 10.00 am.

Form 10.00 am to 11.45 am awareness programme was conducted at PHC, Thirubuvanai by the NMHP puducherry. About 200 members comprising of Doctors, Health workers, Anganwadi workers, NGOs, students and public participated in the programme. Dr.Ishwarya., PHC medical officer, felicitated the

programme. Dr.M.Gajalakshmi, Programme Officer, delivered the theme speech on mental health issues in the society and identification among the public and. Mr. Raja PSW., National Mental Health Programme, Govt Puducherry delivered the speech on de-addiction and its effects on substance consumers. The NMHP Conducted awareness programme, Response was good.

6. Mental health awareness programme: PHC, Murungapakkam- 25.10.2021.

The NMHP volunteers and students covered the areas in and around PHC-Murungapakkam issued the pamphlets regarding mental health awareness and enlightened the importance of the mental health using various IEC materials of the NMHP puducherry between 9.00 am to 10.00 am.

Form 10.00 am to 11.45 am awareness programme was conducted at PHC, Murungapakkam by the NMHP puducherry. About 200 members comprising of Doctors, Health workers, anganwadi workers, NGOs, students and public participated in the programme. Dr.Ishwarya., PHC medical officer, felicitated the programme. Dr.M.Gajalakshmi, Programme Officer, delivered the theme speech on mental health issues in the society and identification among the public and. Mr. Raja PSW., National Mental Health Programme, Govt Puducherry delivered the speech on de-addiction and its effects on substance consumers. The NMHP Conducted awareness programme, Response was good.



7. Mental health awareness programme: PHC, Koodapakkam - 26.10.2021.

The NMHP volunteers and students covered the areas in and around PHC-Koodapakkam issued the pamphlets regarding mental health awareness and

enlightened the importance of the mental health using various IEC materials of the NMHP puducherry between 9.00 am to 10.00 am.

World Mental Health day Awareness Programme was conducted by the National Mental Health Programme on 26.10.2021 at Primary Health Centre Koodapakkam, Puducherry. Dr. Poonguzhli, PHC medical officer, felicitated the programme. Dr.M.Gajalakshmi, Programme Officer, delivered the theme speech on mental health issues in the society and identification among the public and. Mr. Raja PSW., National Mental Health Programme, Govt Puducherry delivered the speech on de-addiction and its effects on substance consumers. The NMHP Conducted awareness programme, Response was good.

8. Mental health awareness programme: PHC, Sedarapet - 29.10.2021.

The NMHP volunteers and students covered the areas in and around PHC- , Sedarapet issued the pamphlets regarding mental health awareness and enlightened the importance of the mental health using various IEC materials of the NMHP puducherry between 9.00 am to 10.00 am.

World Mental Health day Awareness Programme was conducted by the National Mental Health Programme on 29.10.2021 at Primary Health Centre Koodapakkam, Puducherry. Dr. Poonguzhli, PHC medical officer, felicitated the programme. Dr.M.Gajalakshmi, Programme Officer, delivered the theme speech on mental health issues in the society and identification among the public and. Mr. Raja PSW., National Mental Health Programme, Govt Puducherry delivered the speech on de-addiction and its effects on substance consumers. The NMHP Conducted awareness programme, Response was good.



